

# { My Weekly Housekeeping Schedule SAHM }

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Min. Maint.	Min. Maint.	Min. Maint.	Min. Maint.	Min. Maint.		
Major Pick Up Vacuum Dust Bathrooms	Laundry - Family Clothes	Grocery Shop Errands	Clean one room thoroughly:  Rotate Rooms of the house, one room per week  Kitchen could be every other week (fridge, oven, mop, etc)	Laundry - Sheets/Towels  Personal Pursuits: crafts, scrapbooking, DIY projects	Projects Yard Work Help kids with rooms Sports	Church Family Time Plan Menu Plan Next Week
Sports Practice		Church	Sports Game			

NOTE: I normally do my Minimum Maintenance at night, when the kids can help. Waking up to a reasonably neat house makes me feel good about the day, right from the start. That, and coffee.

For my Minimum Maintenance, I am doing a QUICK 5 MINUTE pick up of each room (15-20 minutes in the kitchen). I include kitchen counters and sweeping the kitchen floor. In about 30 minutes each day (or less) your house can look pretty presentable.